

Caroline A. Horste

Education

- M.A. **College Counseling, Eastern Michigan University** *August 2014*
CACREP-accredited program of study
- B.S. **Professional Geology, Eastern Michigan University** *April 2011*
Minors: Mathematics; Group minor (physics & chemistry)

Relevant Experience

Counseling Intern *05/2014 – 08/2014*

Counseling Center, Henry Ford College

- Provide walk-in and/or scheduled personal counseling to Henry Ford College students and alumni (no session limit).
- Assess student needs on intake and provide career counseling, academic advising, or probation support to students referred to Counseling Center.
- Assist in teaching COUN 119, a class focusing on stress management and personal development for new college students.
- Serve on HFC's Judicial Board as a trained Hearing Officer to resolve judicial and/or conduct violations. Advise Conduct & Compliance Officer in recommending sanctions.

Graduate Assistant *04/2011 – 04/2014*

Department of Campus Life, EMU

- Created and coordinated lectures, film series, and panel discussion series focusing on issues such as diversity, mental health awareness, and cultural & creative expression. Maintained annual events budget of approximately \$165,000.00.
- Evaluated and assessed all programs based on nationally recognized student learning outcome frameworks (i.e. CAS standards, Learning Reconsidered)
- Collaborated with key departments across the institution to support diversity and equity, especially related to inclusion of gay, lesbian, and transgender students in Homecoming Court ceremonies.
- Supervised four undergraduate staff members. Identified professional and personal development needs, then developed and presented weekly student training curriculum units by synthesizing benchmarked best practices from peer institutions and national frameworks.
- Oversaw the creation of departmental annual report, including developing structure and content.

Counseling Intern *01/2014 – 04/2014*

University Academic & Career Development Center, EMU

- Developed an evidenced-based, theory-to-practice three-session career exploration and support group for female, first-generation college students, including pre- and post-group assessment instruments.
- Coordinated and presented theory-based career planning workshops targeted to undergraduate and graduate students in requesting academic departments, or as needed to University community.
- Provided walk-in assistance with resumes, cover letters, and mock-interviewing.

Safe Circle Support Group Facilitator

09/2013 – 12/2013

SafeHouse Center & Washtenaw County Jail, Ann Arbor, MI

- Facilitated a 12-week, 90-minute open didactic support group to female survivors of domestic or sexual violence held in Washtenaw County Jail as part of SafeHouse Center's community outreach efforts.
- Identified resources to support survivors transitioning out of jail.
- Maintained confidentiality between SafeHouse Center staff members and WCJ staff members.

Domestic Violence & Sexual Assault Response Team Member

09/2011 – present

SafeHouse Center, Ann Arbor, MI

- Maintain four 24-hour on-call shifts per month; respond to each call routed through Washtenaw County law enforcement pertaining to domestic violence or sexual assault.
- Conduct in-person crisis counseling with clients at hospitals within Washtenaw County or at Washtenaw County Jail. Safety-plan with clients to connect them with resources specific to Washtenaw County and assist with shelter screenings as needed.
- Attend regular skills trainings relating to social work best practices.

Lead Teaching Experience

UNIV 101L: Introduction to the University (3 credits; lecture)

Fall 2013 Semester

Office of Academic Programming, EMU

- Instructed one three-credit new student transition course to 24 incoming students, incorporating multiple learning styles and addressing various student needs (commuter, non-traditional, etc.).
- Developed and modified lesson plans based on a structured curriculum.
- Reviewed homework and essay assignments; assigned and submitted final grades.

ESSC 110: The Dynamic Earth System (1 credit; lab)

09/2009 – 04/2011

Department of Geology/Geography, EMU

- Prepared teaching materials, presented classroom lectures, held office hours available for students, and graded weekly lab work as a component of ESSC110: The Dynamic Earth System, an entry-level geology class.
- Received between 71% and 85% "excellent" feedback from mandatory student surveys each semester; consistently taught sections with highest final exam scores.

Additional Relevant Coursework (including CACREP core)

COUN 515: Crisis Counseling

EDLD 590: Student Services in Community Colleges

COUN 591: Counseling Women

EDLD 634: Economic Analysis in Higher Education

COUN 574: Counseling Couples & Families

EDLD 655: College Student Development

COUN 575: Substance Abuse

Affiliations & Memberships

American Counseling Association

06/2012 – present

American College Counseling Association

06/2012 – present

Michigan Counseling Association

06/2012 – present

American College Personnel Association

06/2012 – present

Chi Sigma Iota (Counseling Student Honor Society)

02/2013 – present